

APPETIZERS

COCONUT FRIED SHRIMP \$14.99

Mango salsa, Parrot Bay rum sauce

CAULIFLOWER NACHOS (V) \$10.99

Cheddar cheese, pico de gallo, pickled jalapenos
salsa verde

Add ground chicken \$4, Add ground turkey \$4

Available with vegan cheddar

BACON WRAPPED FILET MIGNON KABOBS \$14.99

Chimichurri sauce

FRIED MAC & CHEESE BITES (V) \$9.99

Red pepper aioli

ROASTED TOMATO & FRESH RICOTTA "VOL AU VENT" (V) \$9.99

Served over a warm puff pastry shell
drizzled with Balsamic Reduction

TEMPURA BATTERED PORTOBELLO FRITES (V) \$10.99

Ponzu Dipping Sauce

GRILLED CHICKEN SATAY \$10.99

cucumber-lime salad, Thai peanut sauce

STEAMED PRINCE EDWARD ISLAND MUSSELS \$13.99

smoked chorizo, cilantro, garlic crostini

WINGS: 6 PC

choose from:

CHICKEN \$11.99 OR PORK \$14.99

Baked or Fried

Sauces:

Asian sweet chili

Bourbon BBQ

House-made Buffalo

MAC & CHEESE

BUFFALO CHICKEN \$13.99

Blue cheese-graham cracker crust

QUATTRO FORMAGGIO (V) \$10.99

Cheddar, Manchego, Fontina, Parmesan
panko topping

PLANT BASED MAC \$11.99

Carrots, potatoes, Coconut cream, Vegan Cheddar

BURGERS

USDA Certified Short rib-brisket blend served on
brioche roll. All served with a choice of hand cut
sea salt fries or house salad.

* Gluten free bread available upon request

THE PHOENIX BURGER \$15.99

Burgundy onions, Lettuce, stilton cheese
port wine reduction

THE LIBERTY BURGER \$14.99

Shishito peppers, crispy shallots, honey BBQ

THE CAPRESE BURGER AKA CHEF MIKE'S SIGNATURE BURGER \$16.99

Creamy Buffalo mozzarella, fresh basil
tomatoes, pesto dressing

SALMON BURGER \$17.99

Pickled slaw, wasabi mayonnaise

CHICKEN FAJITA BURGER \$14.99

Chicken patty, sautéed peppers & onions
shredded lettuce, cheddar cheese, chipotle sauce

THE VEGGIE EXTREME (VEGAN) \$14.99

Black beans, peppers, corn, garlic, onions
brown rice, multigrain roll

SALADS

CLASSIC COBB \$16.99

Chicken, bacon, hard boiled eggs
avocado, blue cheese, tomatoes, romaine
honey-Dijon dressing

THE PHOENIX (V) \$13.99

Poached pears, candied walnuts
cherry tomatoes, parmesan wafers
iceberg wedge, creamy buttermilk dressing
Add grilled chicken \$4, Add grilled shrimp \$5

VEGGIE CHOP CHOP (VEGAN) \$13.99

Corn, zucchini, peppers, red onions, spinach,
tomatoes, balsamic vinaigrette

Add grilled chicken \$4, Add grilled shrimp \$5

SANDWICHES

All served with a choice of hand cut sea salt
fries or house salad.

(Gluten Free bread available upon request)

FOREST AVENUE RIBEYE \$15.99

Open faced, thinly sliced steak, brandy-soaked
mushrooms & onions, provolone, garlic ciabatta

THE NORTH SHORE PANINI \$13.99

Pesto grilled chicken, smoked mozzarella
roasted peppers, arugula, Tuscan bread

MY BIG FAT GREEK GRILLED CHEESE \$12.99

Mozzarella, feta, olives, sun-dried
tomato-artichoke spread, sough dough bread

HUM-HUM ELT (VEGAN) \$11.99

Creamy hummus, Balsamic roasted eggplant
iceberg lettuce, tomatoes, ciabatta roll

ENTREES & CHEF BOWLS

EGGPLANT NAPOLEON STACK (V) \$16.99

Roasted eggplant, fresh mozzarella
bell peppers, Italian salsa verde

ASIAN LACQUERED SKIRT STEAK \$24.99

Truffle mashed potatoes, grilled asparagus
Ginger-soy reduction

SEARED RIBEYE \$28.99

Roasted baby potatoes, sautéed spinach
scallion butter

SWEET CHILI GLAZED PORK & PINEAPPLE \$24.99

Coconut rice, glazed baby carrots

GRILLED CHICKEN ALFREDO \$20.99

Artichokes, garlic, sun-dried tomato
parmesan cream

GRILLED SHRIMP WITH GARLIC-PARMESAN ZUCCHINI NOODLES \$26.99

Blistered tomatoes, toasted pistachios

SOUTHWEST QUINOA BOWL (V) \$13.99

Roasted corn, avocado, grilled jalapenos
pico de gallo, chipotle dressing
Add chicken \$4; add shrimp \$5; add steak \$5

MEDITERRANEAN QUINOA BOWL (V) \$14.99

Spiced chickpeas, arugula, cherry tomatoes
olives, artichokes, hummus, cucumber dressing
Add chicken \$4; add shrimp \$5; add steak \$5

BROWN RICE BOWL \$13.99

Spinach, shiitake mushrooms, soft boiled egg
bean sprouts, carrots, cilantro-lime vinaigrette
Add chicken \$4; add shrimp \$5; add steak \$5

KIDS MENU

HAMBURGER WITH FRIES \$14

add Cheese \$2

CHICKEN FINGERS & FRIES \$12

MACARONI & CHEESE \$12

PASTA WITH BUTTER \$12